



Frequently Asked Question

What is functional medicine?

A personalized approach that finds and treats the root cause of symptoms.

Do you take insurance?

No, we are an out-of-network practice. Superbills are available for reimbursement requests.

Can I use HSA or FSA funds?

Yes, HSA/FSA can be used for visits and lab testing depending on your plan.

Do you offer telehealth?

Yes, secure virtual visits are available for convenience.

Do I still need a primary care doctor?

Yes, we complement—not replace—your primary care provider.

What labs do you use?

We use traditional labs and advanced functional testing to assess deeper health patterns.

Are labs required?

No, testing is personalized and based on your goals.

Do you prescribe medications or hormone therapy?

Yes, when clinically appropriate.

Do you use supplements?

Yes, high-quality professional-grade supplements when needed.

What is the first step?

Schedule a Discovery Call to get started.

Ready to feel better?